



**AVE MARIA COLLEGE**  
She Who Belongs. She Who Thrives.

# Learning and Teaching Quick Guide

2023

# Introduction



The *Learning and Teaching Quick Guide* seeks to provide an overview of the College's curriculum structure.

The *Ave Maria College Charter for Education* is the foundation that underpins all learning and teaching at the College, as we strive to instill a learning culture that is collaborative, and provide programs that are contemporary, rigorous and relevant.



Our Charter for Education consists of Franciscan beliefs, learner attributes and wellbeing skills, bound by a learning environment which interconnects each element and where there are opportunities for each student to **belong, engage** and **thrive**.

Our aim is to be guided by the charism, principles and frameworks that underpin the Charter and ensure that the academic and co-curricular programs reflect these. In doing so, all members of our community can build their knowledge, develop their skills and apply this to the world we live in.

# 2023 Lesson Times



## Standard Day

|   |
|---|
| <p align="center"><b>Period 1</b><br/>8.40am – 9.44am</p>                                 |
| <p align="center"><b>Changeover</b> 9.44am – 9.46am</p>                                   |
| <p align="center"><b>Period 2</b><br/>9.46am – 10.50am</p>                                |
| <p align="center"><b>Recess</b><br/>10.50am – 11.13am<br/><i>Warning Bell 11.08am</i></p> |
| <p align="center"><b>Mentor Time</b><br/>11.13am – 11.26am</p>                            |
| <p align="center"><b>Stillpoint</b> 11.24am</p>   |
| <p align="center"><b>Changeover</b> 11.26am – 11.28am</p>                                 |
| <p align="center"><b>Period 3</b><br/>11.28am – 12.32pm</p>                               |
| <p align="center"><b>Changeover</b> 12.32pm – 12.34pm</p>                                 |
| <p align="center"><b>Period 4</b><br/>12.34pm – 1.38pm</p>                                |
| <p align="center"><b>Lunch</b><br/>1.38pm – 2.21pm<br/><i>Warning Bell 2.16pm</i></p>     |
| <p align="center"><b>Period 5</b><br/>2.21pm – 3.25pm</p>                                 |

## Day 8

|   |
|---|
| <p align="center"><b>Period 1</b><br/>8.40am – 9.44am</p>                                 |
| <p align="center"><b>Changeover</b> 9.44am – 9.46am</p>                                   |
| <p align="center"><b>Period 2</b><br/>9.46am – 10.50am</p>                                |
| <p align="center"><b>Recess</b><br/>10.50am – 11.10am<br/><i>Warning Bell 11.06am</i></p> |
| <p align="center"><b>Mentor Period</b><br/>11.10am – 11.50am</p>                          |
| <p align="center"><b>Stillpoint</b> 11.48am</p>   |
| <p align="center"><b>Changeover</b> 11.50am – 11.52am</p>                                 |
| <p align="center"><b>Period 3</b><br/>11.52am – 12.56pm</p>                               |
| <p align="center"><b>Lunch</b><br/>12.56pm – 1.30pm<br/><i>Warning Bell 1.25pm</i></p>    |
| <p align="center"><b>Period 4</b><br/>1.30pm – 2.34pm</p>                                 |

# Junior School



## Year 7

### Core Studies (Entire year)

Religious Education  
 English  
 Health and Physical Education  
 Humanities  
 Mathematics  
 Science  
 Visual Arts

### Core Studies (1 Semester)

Design Technology
 

- Food Technology
- Textiles

 Performing Arts
 

- Drama
- Music

 Languages
 

- Indonesian
- Italian

| Year 7                              | Lessons per cycle |
|-------------------------------------|-------------------|
| Religious Education                 | 4                 |
| English                             | 7                 |
| Design Technologies (Food/Textiles) | 4                 |
| Health and Physical Education       | 5                 |
| Humanities                          | 5                 |
| Languages (Indonesian/Italian)      | 5                 |
| Mathematics                         | 8                 |
| Performing Arts (Drama/Music)       | 3                 |
| Science                             | 5                 |
| Visual Arts                         | 3                 |

## Year 8

### Core Studies (Entire year)

Religious Education  
 English  
 Health and Physical Education  
 Humanities  
 Mathematics  
 Science  
 Visual Arts

### Core Studies (1 Semester)

Design Technology
 

- Food Technology
- Textiles

 Performing Arts
 

- Drama
- Music

### Core Elective (Entire year)

Languages (students select **one** of)
 

- Indonesian
- Italian

| Year 8                                | Lessons per cycle |
|---------------------------------------|-------------------|
| Religious Education                   | 5                 |
| English                               | 7                 |
| Design Technologies (Food/Textiles)   | 3                 |
| Health and Physical Education         | 5                 |
| Humanities                            | 5                 |
| Languages (one of Indonesian/Italian) | 5                 |
| Mathematics                           | 7                 |
| Performing Arts (Drama/Music)         | 4                 |
| Science                               | 5                 |
| Visual Arts                           | 3                 |

Various STEM programs operate as part of the Year 7 and 8 Learning Schedules.  
 The Instrumental Music Program operates to complement the Performing Arts Curriculum across Years 7 and 8.

# Middle School



## Year 9

### Core Studies (Entire year)

Religious Education  
English  
Health and Physical Education

Languages (Indonesian/Italian) *[continued from Year 8]*  
Mathematics (Mainstream/Advanced/Small Group)  
Science

### Core Studies (Single Semester)

#### Enterprise skills

- Independent Research and Investigation Study (IRIS) (Semester 1)
- Community and Careers (Semester 2)

#### Humanities

Students select two of the three options:

- Business and Civics
- Geography
- History

### Elective Studies (Single Semester)

Students must select four electives to study as part of their Year 9 program

- One study from The Arts offerings
- One study from the Technologies offerings
- The remaining two can come from either Domain

#### The Arts

- Drama
- Multimedia
- Music
- Art
- Visual Communication Design

#### Technologies

- Digital Technologies
- Food Technology
- STEM Design
- Textiles

| Year 9                         | Lessons per cycle   |
|--------------------------------|---------------------|
| Religious Education            | 5                   |
| English                        | 6                   |
| Health and Physical Education  | 5                   |
| Languages (Indonesian/Italian) | 5                   |
| Mathematics                    | 6                   |
| Science                        | 5                   |
| Enterprise skills              | 2                   |
| Humanities                     | 5                   |
| Electives                      | 5<br>(per elective) |

Various STEM and Interdisciplinary programs operate as part of the Year 9 Learning Schedule. The Instrumental Music Program operates to complement the Performing Arts Curriculum within Year 9. Students are reminded that eligibility to accelerate in Year 10 will be dependent on Year 9 academic performance.

# Middle School



## Year 10

### Core Studies (Entire year)

Religious Education  
English

Community and Careers  
Health and Physical Education

### Core Electives

#### Humanities

Students select at least one of the four options:

- Business and Economics
- Civics and Citizenship
- Geography
- History

#### Science

Students select from the following options:

- Thinker Thinker (Psychology/Consumer Science)
- Inside Outside (Biology)
- Moving Parts (Physics)
- Recipe for Reaction (Chemistry)

#### Mathematics

##### Semester One

- Year 10 Mathematics – Mainstream

##### Semester Two

- Year 10 Mathematics for Methods or
- Year 10 Mathematics for General

### Elective Studies (Single semester unless otherwise stated) (Students select up to five)

|                      |                          |                               |
|----------------------|--------------------------|-------------------------------|
| CHAOS Lab            | Indonesian (Entire year) | Outdoor Environmental Studies |
| Design Thinking      | Italian (Entire year)    | STEM                          |
| Digital Technologies | Literature               | Art                           |
| Drama                | Media                    | Textiles                      |
| Food Studies         | Music Performance        | Visual Communication Design   |

### Acceleration options – VCE Units 1 and 2 (application required and subject to approval)

|                          |  |
|--------------------------|--|
| Applied Computing        | Psychology                               |
| Biology                  | Studio Arts                              |
| History (Modern History) | VET Allied Health                        |
| Legal Studies            | VCE VET Business                         |
| Music                    | VCE VET Sport and Recreation             |
|                          | External VET Programs are also available |
|                          | Other                                    |

| Year 10  | Lessons per cycle | Year 10                  | Lessons per cycle |
|--|-------------------|--------------------------|-------------------|
| Religious Education (option for Ministry Program also) | 5                 | Humanities               | 6                 |
| English  | 6                 | Mathematics              | 6                 |
| Community and Careers                                  | 1                 | Science                  | 6                 |
| Health and Physical Education                          | 6                 | Electives (per elective) | 6                 |

# Middle School



## Year 10 Pathways

All pathways share the following *Common* structure.

|                     |                             |         |             |                  |                               |                       |                  |
|---------------------|-----------------------------|---------|-------------|------------------|-------------------------------|-----------------------|------------------|
| <b>Semester One</b> | Religion and Society Unit 1 | English | Mathematics | Science Elective | Health and Physical Education | Community and Careers | Elective Program |
| <b>Semester Two</b> |                             |         |             |                  |                               |                       |                  |

### Typical pathway

In addition to the *Common* structure, the *Typical* pathway allows students to make six elective choices.

|                     |             |             |             |             |             |
|---------------------|-------------|-------------|-------------|-------------|-------------|
| Humanities elective | Elective #1 | Elective #2 | Elective #3 | Elective #4 | Elective #5 |
|---------------------|-------------|-------------|-------------|-------------|-------------|

### Language pathway

In addition to the *Common* structure, the *Language* pathway allows students to make four elective choices and study a language for the entire year.

|                     |             |             |             |                        |                        |
|---------------------|-------------|-------------|-------------|------------------------|------------------------|
| Humanities elective | Elective #1 | Elective #2 | Elective #3 | Language study (Sem 1) | Language study (Sem 2) |
|---------------------|-------------|-------------|-------------|------------------------|------------------------|

### Accelerated/External study pathway

In addition to the *Common* structure, the *Accelerated/External study* pathway allows students to make four elective choices and study an accelerated subject or external program\* for the entire year.

|                     |             |             |             |                                     |                                     |
|---------------------|-------------|-------------|-------------|-------------------------------------|-------------------------------------|
| Humanities elective | Elective #1 | Elective #2 | Elective #3 | Accelerated/External Study (Sem 1)* | Accelerated/External Study (Sem 2)* |
|---------------------|-------------|-------------|-------------|-------------------------------------|-------------------------------------|

*\*Acceleration and external studies are subject to approval and compatibility with onsite learning programs.*

### Accelerated/External study + Language pathway

In addition to the *Common* structure, the *Accelerated/External study + Language* pathway allows students to make two elective choices, whilst studying a language and accelerated subject or external program for the entire year.

|                     |             |                                     |                                     |                        |                        |
|---------------------|-------------|-------------------------------------|-------------------------------------|------------------------|------------------------|
| Humanities elective | Elective #1 | Accelerated/External Study (Sem 1)* | Accelerated/External Study (Sem 2)* | Language study (Sem 1) | Language study (Sem 2) |
|---------------------|-------------|-------------------------------------|-------------------------------------|------------------------|------------------------|

*\*Acceleration and external studies are subject to approval and compatibility with onsite learning programs.*

*The Instrumental Music Program operates to complement the Performing Arts Curriculum within Year 10.*

# Senior School



## Year 11

### Compulsory studies

Students pick one option from each of the Religious Education and English groupings:

#### Religious Education

- Religion and Society Unit 2
- Texts and Traditions Unit 2
- Religion and Society Units 3 and 4\*

*\*subject to Acceleration application*

#### English

- English Units 1 and 2
- English Language Units 1 and 2
- Literature Units 1 and 2

### Unit 1 and 2 study options

Students select five of the Unit 1 and 2 study options below.

Accounting  
Applied Computing  
Biology  
Business Management  
Chemistry  
Drama  
English  
English Language  
Environmental Science  
Food Studies  
General Mathematics  
Geography  
Global and Australian Politics  
Health and Human Development  
History (Modern History)  
Indonesian Second Language  
Italian  
Legal Studies  
Literature  
Mathematical Methods  
Media  
Music Performance  
Music  
Outdoor and Environmental Studies  
Physical Education  
Physics  
Product Design and Technology (Textiles)  
Psychology  
Specialist Mathematics  
VET Allied Health  
VCE VET Business  
VCE VET Sport and Recreation  
VM Personal Development Skills  
VM Work Related Skills  
Visual Art Making and Exhibiting  
Visual Communication Design  
External VET Programs are also available

Students may also opt to pursue other VCE, VCE VET or VET options through external providers, in consultation with the Director of Learning and Pathways and the Executive Deputy Principal (Learning and Operations).

The Instrumental Music Program remains available for students to complement their academic studies.

| Year 11   | Lessons per cycle |
|---|-------------------|
| Religious Education <ul style="list-style-type: none"><li>• Religion and Society</li><li>• Texts and Traditions</li></ul> | 4                 |
| English   | 7                 |
| Unit 1 and 2 studies  | 7<br>(per study)  |
| Independent Study Periods   | 1                 |
| Unit 3 and 4 studies<br><i>*if accelerating</i>   | 8<br>(per study)  |



# Senior School



## Year 12

### Compulsory studies

Students pick one option from each of the Religious Education and English groupings:

#### Religious Education

- Religion and Society Units 3 and 4
- Texts and Traditions Units 3 and 4
- School-based Religious Education

#### English

- English Units 3 and 4
- English Language Units 3 and 4
- Literature Units 3 and 4

### Unit 3 and 4 study options

Students select four of the Unit 3 and 4 study options below.

Accounting  
Applied Computing: Data Analytics  
Applied Computing: Software Development  
Biology  
Business Management  
Chemistry  
Drama  
English  
English Language  
Environmental Science  
Extended Investigation  
Food Studies  
General Mathematics  
Geography  
Global and Australian Politics  
Health and Human Development  
History (Revolutions)  
Indonesian Second Language

Italian  
Legal Studies  
Literature  
Mathematical Methods  
Media  
Music Performance  
Outdoor and Environmental Studies  
Physical Education  
Physics  
Product Design and Technology (Textiles)  
Psychology  
Specialist Mathematics  
VET Allied Health  
VCE VET Business  
VCE VET Sport and Recreation  
Visual Art Making and Exhibiting  
Visual Communication Design  
External VET Programs are also available

Students may also opt to pursue other options through external providers and/or the University Acceleration Program, in consultation with the Director of Learning and Pathways and the Executive Deputy Principal (Learning and Operations).

The Instrumental Music Program remains available for students to complement their academic studies.

| Year 12   | Lessons per cycle |
|---|-------------------|
| Religious Education <ul style="list-style-type: none"> <li>Religion and Society 3/4</li> <li>Texts and Traditions 3/4</li> <li>School-based RE</li> </ul> | 8<br>8<br>4       |
| English   | 8                 |
| Unit 3 and 4 studies  | 8<br>(per study)  |
| Independent Study Periods<br><i>*dependent on RE selection</i>  | 4+                |

## Year 11 and 12 Pathways

The College offers a range of Senior Pathways. The VCAA Guidelines are used to tailor pathways to suit individual student needs and interests, providing them with access to a wide range of subjects and courses that link them to their post-secondary field of choice.

|                |  |   |   |                      |  |  |
|----------------|--|---|---|----------------------|--|--|
| <b>Year 11</b> | Victorian Certificate of Education (VCE) – Scored Pathway (ATAR) | Victorian Certificate of Education (VCE) – Non-Scored Pathway | Victorian Certificate of Education (VCE) – Accelerated Learning Pathway | VCE Vocational Major | Victorian Certificate of Education (VCE) – VET Pathway | Victorian Certificate of Education (VCE) – School Based Apprenticeship Pathway |
|----------------|--|---|---|----------------------|--|--|

*Opportunities exist for students to further customise their learning program to support pathways planning and individual learning needs.*

|                |  |   |  |                      |  |  |   |
|----------------|--|---|--|----------------------|--|--|---|
| <b>Year 12</b> | Victorian Certificate of Education (VCE) – Scored Pathway (ATAR) | Victorian Certificate of Education (VCE) – Non-Scored Pathway | Victorian Certificate of Education (VCE) – University Acceleration Pathway | VCE Vocational Major | Victorian Certificate of Education (VCE) – VET Pathway | Victorian Certificate of Education (VCE) – School Based Apprenticeship Pathway | Tertiary Preparation Program (In partnership with RMIT University and St Bernard's College) |
|----------------|--|---|--|----------------------|--|--|---|

*Opportunities exist for students to further customise their learning program to support pathways planning and individual learning needs.*






**AVE MARIA COLLEGE**  
She Who Belongs. She Who Thrives.



Striving for Truth  
through Love.

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